



## GROCERY AND PHARMACEUTICAL DELIVERY OPTIONS

Amid the COVID-19 Pandemic, if you are in need of groceries, pharmaceutical supplies or other services, please phone 211 or go visit [211ontario.ca](https://www.211ontario.ca).

**When you don't know  
where to turn.™**



211 Ontario can help you find grocery stores and pharmacies that are open and offering delivery service, as well as programs and services in your community that may be helpful to you during these trying times.

211 exists to connect people to urgent needs and essential services. 211 is multilingual and operates 24/7, so please call or email if you are unable to access needed supplies or services.