

Kids / Youth Beginner

Kung Fu New martial arts classes catered to beginners wanting to have a form of exercise and fun. Make friends, learn discipline all with exercise and focus.

DANCE, DANCE AND MORE DANCE!

NON-RECITAL - Kids Ballet, Mixed Dance, Acro / Contemporary dance classes which emphasize fun and creative movement within a dance environment.

Kids Kitchen Calling all chefs to be!! Prepare healthy snacks, learn knife safety, food safety and most of all have fun with little chefs hands on kitchen experience.

Monkeynastix A fun packed lesson with your little one with a variety of safe activities and music.

Mini Gymnastics Wee ones gymnastics Intro. Safe stretching, skill balance, positioning and agility.

Volleyball - Basketball and Learn To Skate! Learn to play, fair play and fun!

**Call Parks and Recreation:
705-424-9770**

TOWNSHIP OF ESSA PARKS AND RECREATION NEW KIDS PROGRAMS!

Kung Fu – Ballet – Modern – Hip Hop Dance – Volleyball – Basketball – Kids Kitchen – Mini Gymnastics – Learn 2 Skate – Playball Soccer – and more...

www.essatownship.on.ca



Township of Essa