

# Fall 2025 Drop-in Programs

September 1<sup>st</sup> - November 30<sup>th</sup>, 2025

## Pickleball Drop-in (Ages 18+)

Paddles and balls are available.

**Location:** Angus Recreation Centre - Gymnasium

**Times:** Mondays & Thursdays (10:30 AM - 12:30 PM),  
Tuesdays, Wednesdays, & Fridays (8 - 10 AM)

**Exclusion Dates:** Sept 1<sup>st</sup> & Oct 13<sup>th</sup>

## Pickleball Drop-in (Ages 11+)

Paddles and balls are available.

**Location:** Angus Recreation Centre - Gymnasium

**Times:** Mondays & Wednesdays (7:30 PM - 9:30 PM)

**Exclusion Dates:** Sept 1<sup>st</sup> & Oct 13<sup>th</sup>

## Open Gym (11+)

A variety of sports and equipment are available for use.

**Location:** Angus Recreation Centre - Gymnasium

**Times:** Tuesdays & Thursdays (2:30 - 4:30 PM)

**Exclusion Dates:** N/A

## Preschool Drop-in (5 and under)

Free entry for parents/guardians.

**Location:** Angus Recreation Centre - Gymnasium

**Times:** Wednesdays & Fridays (10:30 AM - 12:30 PM)

**Exclusion Dates:** N/A

## Inclusive Recreation Drop-in (11+)

Free entry for support workers.

**Location:** Angus Recreation Centre - Gymnasium

**Times:** Fridays (1 - 3 PM)

**Exclusion Dates:** N/A

## Senior Walking & Exercise Group (55+)

This is a free program, just bring your water and indoor shoes!

**Location:** Angus Recreation Centre - Gymnasium

**Times:** Mondays & Thursdays (8:45-9:45 am)

**Exclusion Dates:** No classes if school busses are cancelled

## Shuffleboard/Cornhole Drop-in (55+)

This is a free program that provides seniors with the opportunity to stay active, play, and build connections with their community. Equipment is available on site.

**Location:** Angus Recreation Centre - Banquet Hall

**Times:** Mondays & Wednesdays (10 - 11:30 AM)

**Exclusion Dates:** Sept 1<sup>st</sup> & Oct 13<sup>th</sup>

**Location:** Thornton Community Centre - Meeting Room

**Times:** Mondays (1 - 2:30 PM) &

Wednesdays (10 - 11:30 AM)

**Exclusion Dates:** Sept 1<sup>st</sup> & Oct 13<sup>th</sup>

Paid for by the  
Government of Ontario



### DROP-IN PRICES (CASH ONLY)

Ages 0-4: Free    Ages 18-64: \$5

Ages 5-17: \$3    Ages 65+: \$4

### Contact Us

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